

Manning Valley Hockey Junior Match Guidelines 2020

Mixed Gender Competition for all age groups

Under 7's and 9's – Non – Competitive Matches

- 2 x 15 Minute halves on ¼ Field – Joey Ball to be used with Blue Pop up nets
- Minimum 4 Players to start. Maximum 6 players on the field per team.

The stick to Hockey guidelines state the main fouls to look out for include –

- A player kicking the ball on purpose (or blocking of the ball with the foot)
- A player using the back of the stick
- Playing in a dangerous manner. Including lifting of the stick in the air to play at the ball above knee height
- A player hitting another player's stick on purpose.

Under 7's – Pushing allowed – No slapping or Hitting

Under 9's - Pushing and slapping allowed – but no Hitting

- There are no short corners in 7's and 9's. and no tap and go.
- The shooting area is considered to be from within the attacking ¼ of the field.
- A Free hit in the attacking ¼ needs to be passed before a shot on Goal can be made
- The focus is on encouraging rules but you don't have to enforce every breach to allow for free play. (As the season progress and players adapt to rules and the game breaches can be enforced more often.)
- Make sure Coaches and Umpires are communicating breaches of the rules (teach as you go)
- Admin duty club to use separate timekeeping for 7's and 9's
- For a more comprehensive description of MVHA Junior Rules please refer to our Junior Playing Rules document which can be found on the MVHA website

